



REMICADE Post-Infusion Instructions

You may resume your usual diet and medications, as well as your normal activities.

Mild tenderness, swelling, or bruising may occur at your IV site, which should disappear within 1-2 days. Warm wet compresses (e.g., a warm washcloth) can help relieve any discomfort.

Some patients may develop mild systemic side effects after infusions, including headache, muscle tenderness, nausea, fatigue, dizziness, sore throat, or low-grade fevers (less than 100F). These should disappear within 1-2 days without any specific treatment. Any rashes or itching can be treated with diphenhydramine (Benadryl) 25 mg oral every 6-8 hours as needed.

If any of the symptoms listed above become more severe or last more than two days, please call Northwest Gastroenterology at 360-734-1420.

It is very unlikely that you will have an anaphylactic-type reaction to REMICADE. However, *if you develop trouble breathing, facial swelling (including swelling of the lips and/or mouth), or chest pain, take diphenhydramine (Benadryl) 25 mg oral once (if available) and either call 911 or have someone take you to an emergency room.*

Other general reminders:

1. If you have a possible infection (e.g., fever, cough, or painful urination), are on antibiotics or antivirals for any reason, or are scheduled for surgery (or invasive dental work) around the time of your next REMICADE infusion, call Northwest Gastroenterology at 360-734-1420 to determine if your infusion should be delayed.
2. If you have a change in insurance, call the Northwest Gastroenterology billing office immediately so that we can request prior authorization from your new insurer, which can take up to two weeks and must be completed prior to your next infusion.
3. Provide at least 24-hour notice if you will miss an infusion appointment.
4. Avoid live vaccines while on REMICADE.